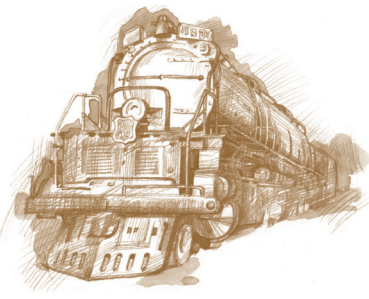


The Dunellen Report



Sydney McLaughlin Represents USA At The Summer Olympics

By Rachel Appleton, Dunellen Report Contributor and Dunellen Resident



Fabiano meets and greets Olympian Sydney McLaughlin after the ceremony

On Saturday, August 27th, residents of Dunellen and several New Jersey towns came out to welcome semifinalist Sydney McLaughlin home from the Summer Olympics in Rio De Janeiro, Brazil. McLaughlin is the youngest Olympian since 1972 and ranked 5th by completing the Women's 400 meter hurdle in 56.22 seconds.

McLaughlin and her supporters heard speeches from assemblyman Jerry Green, athletic director Dave DeNapoli, superintendent of schools Gene Mosley, mayor Bob Seader, Faber principal Gary Lubisco, Union Catholic track coach Mike McCabe and father Willie McLaughlin.

The speakers told the crowd about their first encounters with McLaughlin's talent, their pride in her accomplishments and their hopes for her future track career.

On that morning, the sun shined bright and the crowd cheered and gave McLaughlin a warm congratulatory welcome home. McLaughlin's family, friends, and supporters were excited to talk to the Olympian and grab some photos of their new hero.

Coach De Napoli and Gene Mosley pointed out that Sydney's accomplishments have inspired countless children to become Olympians when they grow up. The inspiration Sydney has given to New Jersey citizens of all ages is insurmountable.

Mayor Seader presented McLaughlin with a key to the city of Dunellen and a plaque underneath the Columbia Park sign. In her thank you speech, McLaughlin spoke about her gratitude towards those who helped her track career flourish.

McLaughlin started her track career at age 6 in Dunellen. "My dad said, if you win this race, I'll give you a chocolate bar," said McLaughlin in an interview after the ceremony. "So, I've been running ever since!"

The young Olympian's travels began in July for the trials in Oregon. At the end of July, she traveled to Rio de Janeiro to compete, adding up to about a month away from Dunellen. It is safe to say she is relieved to be home. "I missed my dog, being home in my bed and air conditioning!" said McLaughlin.

Before the trials, McLaughlin thought her chances of going to the Olympics were slim. At the beginning of the summer, she was still working a juggling camp with Mr. Louis De Lauro.

Mr. Louis De Lauro, 5th grade teacher and Juggling Coach, wasn't surprised when McLaughlin surpassed her goals and made it to the summer Olympics. Each person in the McLaughlin family is a star of the community, De Lauro said. "Mr. and Mrs. McLaughlin have been volunteers for a long time. It's not a surprise that their kids are doing so well," he said.

McLaughlin and her siblings learned how to juggle from Mr. De Lauro and since have volunteered for The Juggling Team over the summer.

"I don't know her as a runner, but I know she is a great counselor. She's willing to sing, to be silly, and also keep the kids engaged," said De Lauro.

The camp counselors made an effort to keep Sydney's Olympic persona a secret. The weeks leading up to Rio were stressful

for McLaughlin, so keeping her Olympic plans a secret helped McLaughlin relax before her race.

"We tried to keep Sydney incognito from the kids, we didn't want to stress her out, juggling is supposed to be relaxing," said De Lauro.

Having a relaxed attitude was necessary for her success. People really don't know what is going on behind the cameras at the Olympics, said McLaughlin. "The games take a lot out of you," said McLaughlin during her thank you speech.

In order to relax, McLaughlin stayed in contact with her friends as much as possible. Talking with friends was essential, said McLaughlin. "If I wasn't on the phone, I was watching Netflix," said the young Olympian.

During her speech, McLaughlin explained that the Olympics were the most stressful and incredible days of her life. The immense competition, pressure to succeed, and constant videoing provided McLaughlin with a life-changing experience.

Dunellen supporters feel impressed with McLaughlin's professionalism and maturity throughout her Olympic adventure. During interviews, the talented athlete maintained a relaxed and down to earth attitude.

"My experiences are what make me wise, I listen to a lot of older people talk, I think that's where I gain the insight," McLaughlin said.

McLaughlin is finished for the season until late November. She is a senior in high school at Union Catholic and plans to finish



L to R, Freeholder Kenneth Armstrong, Mayor Bob Seader, Councilman Jason Cilento, Superintendent Gene Mosley



her last high school season and train for the next Olympics in 2020.

"I'm trying to keep my life as normal as possible," said McLaughlin. The impressive athlete has risen to stardom in the matter of a couple months. She has accumulated over sixty thousand followers on Instagram and twenty-eight thousand on Twitter.

Until next season, she plans on taking it easy and trying to live a normal life. McLaughlin is very happy to be home and her supporters from Dunellen, New Jersey, and the United States couldn't be more proud.

Dunellen Slogan Contest

The Dunellen Borough Council announces a contest to come up with a slogan for our new "Welcome to Dunellen" signs that will be put on entrances to our town. The contest is open to all Dunellen residents, of any age. As a guide, we have already received the following suggestions: "The Railroad Town"; "The Volunteer Town"; and "Small Enough to Know You, Big Enough to Serve You."

Please send suggestions to the Office of the

Municipal Clerk, 355 North Avenue, Dunellen, NJ, 08812; or email to: wrobins@dunellen-nj.gov

Submissions must be received by Wednesday, November 30, 2016. All slogans will be reviewed and judged by the Dunellen Borough Council. The winner will be announced at the Reorganization Meeting, Sunday, January 1, 2017, at 12:00 noon, in the Dunellen Council Chambers.

Dunellen Report Information: The Dunellen Report is published quarterly in January, April, July and October. If you are going to submit dates for events and / or articles, send them to us by the 1st of the preceding month. All material will be edited for content and suitability. You may submit by email at: dunellenreport@dunellenborough.net, or by mail: **The Dunellen Report, ATTN Councilman Cilento, 355 North Ave., Dunellen, NJ 08812**

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Dunellen's Eighth Annual "National Night Out"



Members of the Dunellen Police Department at National Night Out, August 2, 2016

On Tuesday night, August 2nd, the Borough of Dunellen participated for the eighth time in what has proven to be a very worthy annual event, a celebration of "National Night Out."

What is National Night Out? Though relatively new to Dunellen, there have actually been National Night Outs for the past 30 years. It is a unique crime and drug prevention event sponsored by the National Association of Town Watch. National Night Out involves citizens, law enforcement agencies, civic groups, businesses, neighborhood organizations, and municipal officials, and gives the Police an opportunity to meet residents face to face.

National Night Out is designed to

heighten crime and drug prevention awareness; generate support for, and participation in, local anticrime programs; strengthen neighborhood spirit and police-community partnerships; and send a message to criminals letting them know that neighborhoods are organized and fighting back.

The Dunellen Police Department, Dunellen Fire Department, and Dunellen Rescue Squad all had displays of equipment and information.

Over 500 Dunellen residents gathered for this remarkable event and came away with a better understanding of the interconnectedness of all the organizations who work to combat crime and drug abuse, and to promote safety for our children.

Lily Yip Of Lily Yip Table Tennis Center, Dunellen, Will Coach The Us Table Tennis Team In Rio De Janeiro

By William M. Robins



Left to right, US Olympic Table Tennis Team members: Yijun Feng, Kanak Jha, Timothy Wang, Cory Eider (USA High Performance Director), Lily Yip, Coach Massimo Constantini, Team members Jiaqi Zheng, Yue (Jennifer) Wu, and Lily Zhang.

The Lily Yip Table Tennis Center, Dunellen, NJ, is an International Table Tennis Federation Hotspot for the development of table tennis in the United States, and a recognized National Center of Excellence by USA Table Tennis.

Lily Yip, the Director of the Center, is the 2016 US Olympic Table Tennis Team coach for the team that competed in Rio de Janeiro, Brazil, this summer. The Center in mid-June hosted the 2016 US Olympic Team for training and a fund-raiser/exhibi-

The Official Dunellen Web Site:
www.dunellen-nj.gov

Dunellen Government Directory

www.dunellen-nj.gov

All Council meetings are in the Municipal Council Chambers, on the first and third Monday of the month, located at 355 North Avenue, Dunellen, and begin at 7:00 PM, unless otherwise noted.

Elected Officials

Mayor Robert J. Seader (R)
rseader@dunellen-nj.gov
Term expires: December 31, 2019

Council President Kenneth Baudendistel (R)
kbaudendistel@dunellen-nj.gov
Police and Public Safety
Term expires: December 31, 2018

Kevin Bachorik (R)
kbachorik@dunellen-nj.gov
Fire
Term expires: December 31, 2017

Kenneth Bayer (R)
kbayer@dunellen-nj.gov
Public Works
Term expires: December 31, 2017

Jason Cilento (R)
jcilento@dunellen-nj.gov
Recreation and Senior Citizens
Term expires: December 31, 2016

Jeremy Lowder (R)
jlowder@dunellen-nj.gov
Public Buildings & Grounds
Term expires: December 31, 2018

Joseph Petracca (R)
jpetracca@dunellen-nj.gov
Administration and Finance
Term expires: December 31, 2016

Municipal Clerk
The Municipal Clerk, serves as liaison officer between the governing officials and the public.
William M. Robins, RMC
Hours: 9 am - 4:30 pm
355 North Ave, Dunellen, NJ 08812
732-968-3033 • 732-968-8605 (Fax)

Registrar
Hours: M-F, 9 am - 3 pm, and by appointment.
William M. Robins, CMR, Dunellen Municipal Registrar
Lauren Darr, Deputy Registrar
355 North Avenue, Dunellen, NJ 08812
732-968-3033 • 732-968-8605 (Fax)

Construction Office
Scott Luthman, Construction Officer
Office: Pale green building on Prospect Avenue, off Skinner Plaza
Hours: Monday and Wednesday, 5:00 - 6:30 pm;
732-968-3323 • 732-968-3872 (Fax)

Municipal Attorney

John E. Bruder
Tax Collector
Raymond Murray, Tax Collector
355 North Avenue, Dunellen, NJ 08812
Hours: Monday to Friday, 9 am - 2 pm
732-968-1226 • 732-968-3903 (Fax)

Tax Assessor

Richard Gianchiglia, Tax Assessor
Mailing Address: 355 North Ave, Dunellen, NJ 08812
Office is in the pale green Construction Office building, located on Prospect Avenue
Hours: Monday, 3:30pm - 6:30pm, by appointment (assessment only)
732-968-3323 • 732-968-3872 (Fax)

Parks & Recreation

Provides recreational programs, events & sports to the residents of Dunellen by utilizing the Borough parks and schools to help enhance the lives of the community.
Acting Recreation Director: Alex Miller
recreation@dunellenborough.com
732-752-2466
Recreation Hotline/Cancellations, press 1
Senior Updates, press 2

Planning Board

Regular meetings are conducted on the fourth Monday of each month at 7:30 pm, unless otherwise noted. These meetings are held in the Council Chambers at the Municipal Building, 355 North Avenue, Dunellen, NJ, 08812.
• **Roger Dornbierer, Chairman**
• **Robert Krause • Thomas D'Amico**
• **Barbara Seif • Randee Staats**
• **Adam Gordon**
• **Scott Luthman, Secretary**
• **Kenneth Bayer, Councilman**
• **Robert Seader, Mayor**

Code Enforcement

Property Maintenance, Zoning Violations, and Illegal Housing
George Deene, Dunellen Code Enforcement Officer • 908-672-2593

Public Works

Hours: Monday to Saturday, 8 am - 2 pm
Paint Drop Off: 2nd Saturday each month, 8 am-12 pm
235 Hall St, Dunellen, NJ • 732-968-5455

2016 Borough Council Meeting Dates

All meetings are in the Municipal Council Chambers, 355 North Avenue, Dunellen, and begin at 7:00 PM, unless otherwise noted. Annual reorganization meeting: January 1st at noon.

Friday, January 1	Monday, April 4	Tuesday, July 6	Monday, November 7
Monday, January 11	Monday, April 18	Monday, August 1	Monday, November 21
Monday, February 1	Monday, May 2	Tuesday, September 6	Monday, December 5
Monday, February 22	Monday, May 16	Monday, September 19	Monday, December 19
Monday, March 7	Monday, June 6	Tuesday, October 4	Sunday, January 1, 2017 @ noon
Monday, March 21	Monday, June 20	Monday, October 17	

tion which raised over \$20,000 to support the team in Rio. In July, the Center hosted the US National Junior Team's first super camp for two weeks, from July 11th to July 24th. In Late July, the LYTTC hosted the Singapore Olympic team for its Olympic training.

The Lily Yip Table Tennis Center recently concluded its annual ten weeks of summer camp where campers spend upward of six hours per day learning the basics of table tennis and perfecting their skills.

Lily Yip was a 1992 and 1996 US Olympic Table Tennis Team member. For the past eleven years she has been the US National Junior Team coach. The LYTTC is run by Lily and her family: her husband Barry, who is a National Senior Champion,

and their two children, Adam and Judy, who were US National Team members. The Center, located in downtown Dunellen, NJ, since December 2010, is one of the few full-time professional table tennis centers in the United States. In addition to lessons, the Center has open-play, organized competition, tournaments, leagues, and is a resource for the latest table tennis gear.

Lily and fellow US Olympic Team Coach Massimo Constantini, accompanied the six-member US Olympic Table Tennis Team to Rio for the Summer games in August.

For more information on the Lily Yip Table Tennis Center in Dunellen, NJ, go to their website: www.lilyttc.com, or visit the Center at 370 North Avenue, Dunellen, NJ, 732-200-5820.

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Address _____

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Signature _____ Date _____

American Legion Post 119 Annual Holiday Bazaar

Courtesy of www.Dunellen411.com

Dunellen American Legion Post 119, is seeking Vendors and Crafters for their 4th ANNUAL Holiday Bazaar. The shopping event takes place on Saturday & Sunday, November 19 & 20 @ 9am to 4 p.m. 137 New Market St, Dunellen.

We are centrally located one block from the Dunellen Train Station, downtown area and one block off Washington Ave and Rt. 28! We offer plenty of parking, restrooms, and lots of advertising. Fun event for the whole family! Refreshments will be sold.

Spaces are available on all three floors. All

spaces reserved on a first come, first serve basis. Spaces per day: \$25. Bring your own table or rent a table for an additional \$10. Discount for two day reservation. Price also includes advertising in newspapers, classified ads, radio station, yard signs, banner and more! Reserve Now! Spaces go very fast!

Request an application by emailing us at: FLEAMARKET119@YAHOO.COM or call 732-968-9899 to pick up an Application: Dunellen American Legion Post 119, 137 New Market Rd, Dunellen, NJ 08812

Dunellen Street Fair Cancelled

By: Heidi Heleniak, www.Dunellen411.com

Dunellen Defender Fire Co., No. 1's downtown street fair which was to be held on September 11 was cancelled. Fire Chief Jonathan Scott promised, "It will return next year."

The fire department's next fundraising event will be the Designer Hand Bag Bingo Party on November 5. The department held a similar event this past April.

"DREAMS" - A Parent Support Group

DREAMS (Dunellen Resources to Educate, Advocate, and Mediate for Special Education) holds support group meetings for Parents of children with special needs in conjunction with Dunellen schools' Special Services Department.

Please join us at the October 6th Support group meeting from 7 - 9 pm in the media Center at John P. Faber Elementary School.

This support group is pulled together by parents of special needs children who recognize the unique challenges of raising a child with disabilities and developmental disorders, DREAMS welcomes all parents, grandparents and professionals who wish to join in this vital voyage of discovery and commitment to our local special needs children.

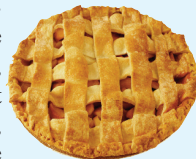
DREAMS's goal is to provide support and

networking opportunities to the Families of all special needs children, helping parents and other family members to have a better understanding of our children's disabilities and developmental disorders, teach strategies for their education and for handling a wide range of topics such as dealing with professionals, the State, the child's behavior and medical issues, and pretty much any topic that you bring up that is of concern to you and your child.

Our 2016 -- 2017 schedule of meetings: October 6, December 1, February 2, April 6, and June 1. Administrators and members of the Special Education Department attend our meetings and are available for questions.

For more information, call Bill at 732-713-6068.


DREAMS, the parent support group for children in the Special Services Department of the Dunellen School System, will be having a booth at HarvestFest 2016 on Sunday, October 9, 2016. We raise our monies through selling baked goods and are asking all parents and Dunellen residents to bring some bake sale style items to our booth. You can also call Bill at 732-713-6068 or email him at rotarybill@hotmail.com, and he will come and pick them up.



October is Domestic Violence Awareness Month

The Middlesex/Dunellen Domestic Violence Response Team And Women Aware Invite You to Our Fourth Annual Candlelight Vigil

When: **October 13th 6:30pm**
Where: **Mountain View Park Rt.28 in Middlesex**
The Middlesex High School Chorus will perform



Join us as we bring awareness to the community while remembering victims of domestic violence and honoring survivors who have moved beyond abuse.

24 hour hotline 732-249-4504

WOMEN AWARE Domestic Violence Response Teams
Working to end domestic violence in the lives of women, children and men.
250 Livingston Ave., New Brunswick, N.J. Phone 732-249-4900

October in Dunellen

"A Night of Comedy!"

Sponsored by the Dunellen-Green Brook Rotary Club

Tuesday, October 11, 2016

Doors open at 5:30 pm;

show begins at 6:30

The Dunellen Theater, 458 North Avenue, Dunellen, NJ

Candlelight Vigil

The Middlesex/Dunellen Domestic Violence Response Team

Thursday, October 13, 2016, 6:30 pm

Mountain View Park, Middlesex Borough

St. Francis Church American Red Cross Blood Drive

Thursday, October 20, 2016, 3 pm to 8 pm

400 New Market Road, Dunellen

Please make an appointment:

www.redcrossblood.org

Please enter sponsor code: St. Francis


Curbside Collection Schedule

- October 5, 19
- November 2, 16, 30
- December 14, 28

Dunellen Defender Fire Co. No. 1 2016 Designer Handbag Bingo

Come out and join us on Saturday, November 5 for an evening of fun! Dunellen Fire Company's Designer Handbag bingo fundraiser. Entry tickets \$35 in advance (\$40 at door) and includes 10 games of Bingo. Additional cards for each round can be purchased. Doors open 5:30

pm, games begin at 7:00 pm. Feel free to bring food, BYOB. Door prizes, 50/50 Raffle as well as Grand Prize Designer Handbag Raffle. Pre-order your tickets now. For information or to order tickets email: bingo@dunellenfd.com or contact Sue at 732-968-5653.



BINGO TICKET ORDER FORM



Please fill out the ticket order form below and return it to:

Dunellen Defender Fire Co.
231 South Madison Avenue
Dunellen, NJ 08812
Attn: Designer Handbag Bingo

Tickets are \$35.00 EACH- Checks payable to Dunellen Defender Fire Co.

Name	Number of Tickets	Total \$
Contact information: Email address and phone number:		

Tickets requests must be received by Tuesday, November 02, 2016

Any tickets purchased on the day of the event will be \$40.00

It will be general seating that evening, there are no reserved tables.

Doors open at 5:30 PM and the games will begin at 7:00 PM. The tickets will be held at the door under the name of the person that purchased them.

If you DO NOT get a response within a week of sending in this form please email bingo@dunellenfd.com or call (732)-968-5653 to verify your ticket request was received

Dunellen's 5TH Annual Fright Night

THE HAUNTED TRAIL

1/2 mile of pure terror
New attraction! Beware!!!!



October 7th & 8th

7:00 pm to 10:00 pm

Admission: \$10
10 and under: \$5

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Saturday 9:00am - 7:00pm
Sunday 9:00am - 1:00pm






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Robert Wood Johnson's Trauma Center Celebrates National Substance Abuse Prevention Month

Submitted by Diana Starace, Dunellen Resident and Injury Prevention Coordinator of Robert Wood Johnson University Hospital



Several years ago President Obama proclaimed October as National Substance Abuse Prevention Month. He called attention to the role that substance abuse prevention plays in promoting safe and healthy communities. His proclamation acknowledged the role every person - yes, YOU - plays in preventing substance abuse. It was a call to all of us to support a culture where all people can live up to their fullest potential.

This message hits close to home for those working at a Level 1 Trauma Center where we are called upon to treat the most critically injured patients. Why? Because substance abuse increases your chance of injury. Alcohol and other drugs can affect your judgment, vision, and coordination. It's no surprise that people who use these substances are more likely to get hurt than people who don't. Even

people who use alcohol or other drugs once in a while can hurt themselves—it's not only people who are dependent on these substances. As with any injury, it could affect you for the rest of your life.

There are two ways people who use alcohol or other drugs are at greater risk for injury. First, they are more likely to get hurt. Second, in the same situation, people under the influence of alcohol or drugs are more likely to be hurt more seriously than if they hadn't been intoxicated. Not everyone who abuses alcohol or other drugs hurt themselves; but for some people, repeated injuries are one of the signs that they may have a problem with alcohol or other drugs.

When we consider violent behavior, people are more likely to hurt others on purpose, or have someone hurt them, if they have been drinking. Injuries caused by violence are the most common type of injury seen when alcohol is involved. Alcohol affects how your brain works, making you less likely to think of the consequences. Some people become more aggressive when they drink. Others are more likely to put

themselves in risky situations, becoming victims of violence.

Alcohol and other drug use can stand in the way of academic achievement, jeopardize school safety, and limit a young person's potential. According to the CDC, over 6,000 Americans die each year from prescription drug overdose (1,253 right here in NJ in 2014) -- and many can access these drugs in their own medicine cabinets at home. It is so important that our youth understand the harms and risks associated with substance abuse. By talking with our children early and often about the dangers of drug and alcohol use, we can help set them firmly on a path toward a successful future.

Preventing drug use before it begins—particularly among young people—is the most cost-effective way to reduce drug use and its consequences. The best approach to reducing the tremendous toll substance abuse exacts from individuals, families and communities is to prevent the damage before it occurs.

Preventing substance abuse can only be accomplished by supporting parents, men-

tors, schools, and community members as they work to prevent the abuse before it begins. Together, by promoting evidence-based prevention initiatives that stimulate environmental changes, we can provide individuals with the tools and information they need to make smart choices, avoid needless tragedy, and lead healthy, fulfilling lives.

This October, during National Substance Abuse Prevention Month, we honor all those working to prevent substance use in our communities and commit ourselves to building a safer, drug-free America. I would personally like to acknowledge two dear friends who have lost children to substance abuse. I can only imagine the magnitude of losing a child and the lifelong impact on family and friends. If only their sons had the foresight to recognize the risks and consequences of abusing, in this case, alcohol or prescription drugs...these unnecessary tragedies might have been prevented.

For more information about preventing substance abuse and to get involved in prevention activities in Middlesex County, please email info@wellspringprevention.org.

Be An Informed Health Care Consumer

Submitted by Marcie Tyson, Dunellen Resident

You research, choose and maintain in good working order the possessions you buy. In the same way, you are a consumer of health care. Choose a health care provider AND maintain a productive working relationship with that person in the same way you make any other purchase.



Having prescriptions filled online can be more convenient and economical. Purchase medication prescribed by your own health care provider from a VIPPS certified site, never from a cyber-pharmacist who may prescribe potentially dangerous drugs without ever seeing you or consulting with your health care provider.

- 1. CHOOSE A HEALTH CARE PROVIDER** that is a good "match" to your needs. Ask for referrals from friends and family members, or call your local hospital's Physician Referral Line and check that the provider participates in your insurance plan.
- 2. ASK QUESTIONS** if you have any doubts or concerns. Make sure you understand the answers. Take a friend or relative with you for support and to remember details you may forget.
- 3. USE THE INTERNET WISELY.** If you have been diagnosed with an illness and want more information, the internet is a good place to start. Look for sites from government agencies, educational institutions or nonprofit and professional organizations that serve the public interest. Use your findings as a basis for a discussion with your health care provider.
- 4. KEEP AN UP-TO-DATE LIST** of all the medicines you take. Include prescription and over-the-counter medications, vitamins and herbal supplements on the list. Give a copy to each health care provider, and keep a copy in your purse or wallet. Fill all prescriptions at the same pharmacy so they have a complete record of all your medications.

- 5. GET THE RESULTS** of all procedures and tests. Ask when and how you will get the reports that are sent to your health care provider. Don't assume the results are fine if you don't get them in person, by phone or mail. Call your health care provider and ask for your results and what they mean for your care.
- 6. PREVENT MEDICAL ERRORS.** Ask questions and voice your concerns. Triple-check your prescriptions. Keep track of your test results. Understand any course of treatment that you are prescribed.
- 7. IF YOU MUST BE TREATED IN A HOSPITAL,** choose a facility that has experience in your procedure. Be sure you understand any instructions you are given about follow-up care before you leave the hospital.
- 8. PARTICIPATE** in your own health and health care. Leading a healthy lifestyle reduces your risk for the leading causes of preventable illness and death. Being a wise health care consumer is an important part of leading a long and healthy life!

.....
Dunellen School District on the web: www.dunellenschools.org

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